



Menu and Ingredients Form 2018 / 2019

The maximum cost must not exceed £15 or the Euro equivalent.

Only cost the quantity of ingredients used and not the quantity purchased.

Competitors must bring a completed copy of this form to the competition.

An electronic version of this form is available from your competition organizer.

| COMPETITORS NAME: | | | | | | | | |
|---|----------|----------|---------------------------|----------|----------|------------------------|----------|----------|
| STARTER (description) | | | MAIN COURSE (description) | | | DESSERT (description) | | |
| INGREDIENT | QUANTITY | COST (£) | INGREDIENT | QUANTITY | COST (£) | INGREDIENT | QUANTITY | COST (£) |
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| TOTAL COST (£): | | | TOTAL COST (£): | | | TOTAL COST (£): | | |
| TOTAL COST OF STARTER + MAIN COURSE + DESSERT (£): | | | | | | | | |